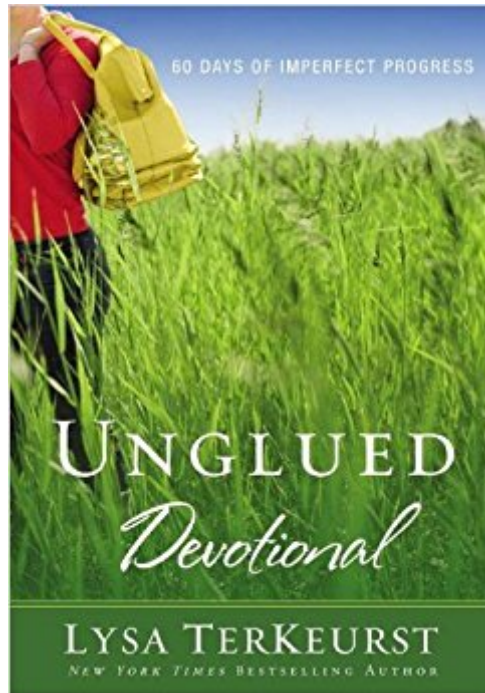




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Unglued Devotional: 60 Days Of Imperfect Progress



Synopsis

This companion devotional to the bestselling book *Unglued* provides encouragement to help readers handle emotional struggles.Â Including a daily opening Scripture, Thought for the Day, devotion, and closing prayer, this book helps readers begin a 60-day journey in learning to positively process raw emotions, such as fear, anger, and regret.Â

Book Information

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Customer Reviews

Lysa TerKeurst is president of Proverbs 31 Ministries and the New York TimesÂ bestselling author of *Uninvited* and *The Best Yes*. She writes from her sticky farm table and lives with her family in North Carolina. Connect with her at www.LysaTerKeurst.com. Â

Wow, as a mom of two toddlers, "Unglued " describes a lot of days! This is THE devotional for every woman who has ever had an emotion that wasn't exactly glorifying to God. It's a game plan. It's recognizing your tendencies and learning to control your emotions and get out from underneath the suffocating pit of feeling out of control. Lysa has done it with this book - given a must read biblical plan to sanity. Long enough to make me plan to read it but not so long that I miss days cause I'm too busy. Get it.

Unglued. The title of this new devotional by Lysa Terkeurst grabbed my attention. I had to read and see what this book was all about. Only one page in and I was hooked. The words and heart in this

devotional spoke directly to my heart and continues to do so each day. What I love most about this book is that Lysa shares her heart, her hurt, and her hope with all of us. Lysa's words assure us "you are not trapped by the emotional cycles of your past. Hope for change is rising." While we all know that we are not prisoners of our past, having a devotional to inspire and encourage along the way.... brings support, strength and inspiration knowing you are not alone. This devotional walks you through 60 days of imperfect progress. Each day blesses you with a topic, thought for the day, and ends with a prayer. After only four days of reading, I ordered four copies from to give to friends. This book has blessed me and my family and I believe it will bless yours.

I read and used this devotional while also reading Lysa's book "Unglued". I thought this devotional was a great way to get my day started right. Most of my unglued moments happen trying to get my kids up and out the door. Starting my morning with this devotional gave me prayer and stories and verses to use. Praying just before my children woke up that this day would go smoothly. Lysa's heart shows through. It is so encouraging to know I'm not the only one who feels this way. She writes from her heart and it was what's in mine. Loved this devotional.

Wonderful devotional.

Loved the devotional. It seemed many times I was able to use what I read that morning to help someone else. The only thing that was a bit distracting was that not all of the letters converted to readable words in the electronic version. Several times I had to try and figure out what "c3" meant. I would highly recommend this to anyone who wants a real perspective and practical application to help grow spiritually.

Every thing she writes fits me and helps me to reflect on changes I need to make in my life. Since she has had experiences familiar to many women, she can help women understand themselves better and improve their relationships with other people, but more importantly, she helps women draw closer to their Lord and Savior, Jesus Christ.

Lysa TerKeurst 'gets it' and knows how to communicate in a way that makes the reader feel human and worthy of God's love. Every day, I read these devotionals and the daily devotional NEVER fails to give me something to help me along my path, and remind me the importance of God in my life. She is an amazing catalyst for change. I also recommend Made to Crave, and the Devotional for

that book as well.

I am glad to know that I am not alone, but I'm even happier to learn ways to deal with my ungluedness, with God's help and the help found in this book/devotion. I'm certain I will refer back to the insight & wisdom offered by Lysa many times.

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